



FRIENDS IN SERVICE HELPING



Jim Peckham ext 101

ALWAYS MOVING FORWARD, ONE STEP AT A TIME....

I want to provide you with an update on some of the needs we have, and changes that are going on with FISH.

We have been blessed with over 230 active volunteers over the last year, but a key, retired volunteer is transitioning and trying to reduce her volunteer hours with FISH. This person is a very experienced accountant/auditor. She has helped us balance our G/L accounts, keeping our classifications accurate so our paid CPA audits go smoothly. Who do you know that can help us replace this key volunteer?

We've completed our interior redesign of the Carson Thrift Store. The final project there has been the completion of our new bathrooms. You've been admiring the external changes to the store, now come in and see what donations from Briggs Electric, Western Nevada Supply, and Shawn Dullanty have produced.

FISH would like to thank the Burnham, Byrne, and Kopffhammer families for including us in their Wills. These and other donations are critical to FISH as we provide services to 7,200 of our neighbors in need. If you would like to include FISH in your Will, or if you employer matches donations, give me a call and I will provide you with the information you need.

We say goodbye to our Director of Operations, Robin Reedy. She left at the end of 2017 to lead one of our partner organizations, National Alliance on Mental Illness-Nevada (NAMI). We wish her luck and are glad that we

still get to work together thanks to our partnership.

In the June time frame, we will be saying good-bye to our Director of Client Services, Beth McCready-White, a dedicated member of the FISH team, whose time here has been invaluable! Beth's family will be relocating out of state and we will need to find her replacement sometime in May. We would prefer to have an experienced manager with a master's degree in Social Work or similar patient/client/student discipline. English/Spanish language skills would also be a plus. This new leader will be trained and developed as a part of our succession planning process. Please help us identify viable candidates.

The final change that I will discuss is an experiment we are doing with Carson City and Wells Fargo Bank. The City and FISH have jointly identified distressed properties where low-income owners reside. FISH has requested and received a grant from Wells Fargo to help renovate the grounds and exterior of a home so it no longer detracts from the neighboring homes. As this program comes to fruition, you will be able to read about it in our next newsletter and via press releases.

As always, thank you for donating through FISH to help provide a "hand-up" to our neighbors in need. As you know, FISH is dependent on local donations, not the government, to help veterans, families, and seniors become more self-sufficient by changing their behaviors, which will change their lives!



MAKING SUMMER PLANS?

The holidays are over, winter is coming to an end and everyone is thinking about their summer plans. In all the planning, there's one thing that isn't on the list. Do you know what that is? That missing plan is donating food to your local food bank or dining room. This is the time of year where we get so busy with summer trips and vacations that our food banks run all but dry.

The economy has improved and that has taken a portion of the needs away. However, contrary to popular belief, it is a very small portion! As our clients become more self-sufficient and are finding work, they no longer qualify for food stamps and their need for our food bank grows! During the months of January – September, residents aren't thinking about donating to our local food banks. We are recovering from the holidays, preparing for summer vacation, and gearing up for the upcoming school year. It is in this period of time that the need for food donations is at its highest! **Please consider a monthly donation of food or cash.** We are in most need of frozen and canned meat, dried or canned beans, rice, canned soup, boxed mac & cheese, and canned fruits and veggies. With the help of our community, we will bridge the gap between hunger and success.

FISH provides food, clothing, shelter and medical aid to low income families, the homeless and hungry within our community, with the objective to provide programs and referrals to families and individuals so that they may become self-sufficient.



Locations:

Admin & Thrift: 138 E. Long St. Carson City, NV 89706

Thrift: 1561 Hwy 395 Minden, NV 89423

Ranchos Services: 921 Mitch Dr., Gardnerville, NV 89460

Thrift: 10126 Hwy 50E, Mound House, NV 89706

775-882-FISH (3474)

775-783-FISH (3474)

775-265-FISH (3474)

775-246-7654



FRIENDS IN SERVICE HELPING

MANAGER'S MESSAGE: FOOD BANK



Liz Patterson
Manager: Food
Distribution and
Volunteer Services
775.882.3474 ext 109

When you volunteer, you're not looking for a paycheck or any type of monetary recognition. You volunteer to inspire the best four letter word in the English language... HOPE. You know and understand that you are helping to give hope to the hopeless and to be there when our neighbors need that hand up! You know that you are capable of provoking change, how ever big or small. You know that there will be days that the only "thanks" that you get is from the FISH staff as you leave at the end of the day and even then you know that the time you give is worth every second.

On the other hand, volunteering at FISH means you'll be working hand in hand with others with the same desire and drive to help that you have. This common drive you share connects you and in your time with FISH it connects you to our community. You are connected with the problem (clients in need) and a solution (FISH). What you may not realize is that you, as a volunteer, are the most important connection. Our volunteers are the glue that connects the problem to the solution.

If you aren't volunteering and have a desire to, please call and see where you can help. Save a few dedicated volunteers, we are in desperate need!

Here are a few things to consider when choosing a place to volunteer. First, find your passion! Then, find what excites you and consider your talents! Last, but certainly not least, honor your commitment.

There are many areas where you can give serve. Such as, serving in our dining room or putting together food boxes for people to take home. You can also volunteer as a coach in Intake and Referral, where you will interact

with our clients and help to decide how we can best help them. If you find an issue in the community that breaks your heart, then you have found your passion! Go with it!

Some people only think about helping as working in a food bank or a soup kitchen, but service is so much more than that. What are your talents? Do you have a talent for party planning? Perhaps helping with our fund raisers would be a perfect fit for you! How about carpentry skills? We are always have things that need attention. Do you like purses, shoe or DIY projects? Our Thrift Stores are a great place to volunteer! If these are areas you can exercise your talent then again I say go with it!

When finding a way to ignite your passion and exercise your talents know this, you are what keeps entities like FISH alive and going in our communities. WE NEED YOU! WE COUNT ON YOU, so we can keep .92 cents of every dollar going to client services.

All that being said, find out what volunteering means to you and find a project that fills that void. "Time, Talent, and Treasure"... the three ways you can give back. If you don't have time to give, please consider donating to our Food Bank. The need is high and the shelves are all but bare. It is up to the service driven to make this world a little brighter and kinder.

"As you grow older, you will discover that you have two hands – one for helping yourself, the other for helping others." ~ Audrey Hepburn

Liz Patterson
Manager: Volunteer Services
liz@nvfish.com



FISH BOARD OF DIRECTORS

Jennifer Herald
Chair
Bank Of The West

Brad Harris
Treasurer
*Vice President
Southwest Gas*

Valerie Cooney
Secretary
Retired Attorney

Hellen Barclay
Chair Elect
*VP/District Manager
Wells Fargo Bank*

Jim Beilstein
Pastor Emeritus

Sister Marie McGloin
*Pastoral Associate
St. Teresa of Avila*

Barbara D'Anne
*Retired
Healthcare Development*

Scott Scherer
*Partner,
Holland & Hart LLP*

Ann Beck
*CFO Carson Tahoe Health
System*

Greg Dye
*General Manager :
Briggs Electric*

Doug Carlton
*Engineering Mgt:
Click Bond*



FRIENDS IN SERVICE HELPING

DID YOU KNOW?

It was the late 1970's and Carson City churches found themselves stretched beyond the means of any one of them to meet the increasing needs of individuals and families. These visionary ministers from St. Teresa's, First Presbyterian, and First United Methodists churches and a VISTA volunteer, Lea Giffin, founded Friends In Service Helping, a true charity not dependent on tax-supported funding. F.I.S.H. was born on May 1, 1979 and is a recognized 501(c)(3) organization.

On a cold winter morning, a box-boy at Albertsons found a man apparently sleeping behind the dumpsters. Unfortunately, the man had died during the freezing night. A group of concerned citizens responded by creating Friends of Citizens Under Stress (FOCUS). FOCUS secured and renovated a deserted building in the Stewart complex and opened rural Nevada's only homeless shelter at that time; FOCUS House.

F.I.S.H. and FOCUS had a great deal in common with uniquely complementary missions. Instead of competing for the charitable resources in Carson City, F.I.S.H. and FOCUS merged. F.I.S.H. continues to operate FOCUS house.

FISH operates the only publically available shelters in the four counties that we serve. FOCUS and Wylie House Emergency Shelters have 24 emergency beds available year round. The shelters average 22 people per night including some families with children in the Wylie House shelter.

FISH has further expanded its services to the community by providing daily hot meals, a free medical clinic, clothing, groceries, shower facilities, low cost laundry services, and much more. We have also increased our partnership with the C.I.R.C.L.E.S initiative to increase client life skills training and to provide mentors. All of these efforts are focused on helping those in need in our local community.

Since those humble beginnings as a tiny food closet, F.I.S.H. has grown to become rural Nevada's largest and most complete human services program. F.I.S.H. has met the United Way Standards of Excellence since that designation was created. F.I.S.H. has spearheaded the development of Richard's Crossing, remodeled out Carson City Thrift store to complement Carson City's historic theme, and opened the Ranchos Family Service Center to help our neighbors in Douglas County.

TELL US WHAT YOU THINK!

As we've been working, we realized that something was missing: **YOU!** As a supporter of FISH, you are critical to us – we can't do what we do without you. So we created a brief survey to find out what you think.
Will you help us?

Go to nvfish.com and click on "SURVEY".





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HAVE A HEART 2018

WITH CELEBRITY WAITERS

Saturday, May 19, 2018 at 5:00 p.m. and 7:30 p.m.

Hosted by

Glen Eagle's Restaurant & Lounge

3700 N Carson St.

Seating is limited—make your reservation today!

Tickets: \$65 per person
\$500 for a table of 8

Ticket includes dinner and dessert.
Cash bar available.

Purchase now at www.nvfish.com



FOR MORE INFORMATION, PLEASE CONTACT F.I.S.H. AT 775-882-3474 OR 138 E. LONG ST. CARSON CITY NV 89706

TELLING THEIR STORY...



Dear potential Transitional
Housing Client;

CONGRATULATIONS!

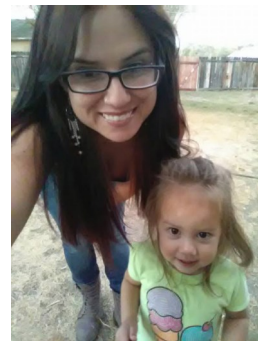
This is a golden
opportunity! My Name is
Nenita. I am 32 years old,
and I have been living in
one of FISH's transitional
housing properties for the

past two years. As my time here comes to an end, it is a
privilege for me to share my success story with you in
hopes that you, too, will take hold of this unique
opportunity to change your life!

When I first moved in here almost 2 years ago, I was
thrilled to have my very own place for the first time. It
was absolutely perfect for me and my kids...safe,
spacious, comfortable, even a little yard. I created so
many precious memories here! There's really nothing
like having a little space to call your very own. My
monthly rent payments were so low, I cried tears of joy

and relief... I knew this was my one chance to start
over, to really get my feet on the ground, so I set to
work, and that hard work has paid off!

Paying minimal rent has allowed me to save money and
repair my awful credit (do you know your credit
score?). I purchased my very first vehicle and did I
mention save money? And now I am looking to
purchase a home!! If you move in to one of these
amazing places, I urge you to really take hold of this
hand-up... it would have been all too easy to squander
the money I saved on rent but that would have left me
back where I started. I couldn't let that happen! So
now, as I look toward my better,
brighter future, I do want to
extend my sincerest heartfelt
thanks to FISH for giving me this
chance that I so desperately
needed! I would not be where I
am today without this
opportunity. Don't let this
chance pass you by!!!!





FRIENDS IN SERVICE HELPING



Celebrity Waiter Luau at David Walley's

Attend Thursday, July 19 or
Friday, July 20
6:00 p.m.

Hosted by
David Walley's Hot Springs Re-
sort
2001 Foothill Rd
Genoa, Nevada 89411



Help us offer a hand-up for families in need
during this
Night of Fun!

Mingle with local celebrities
as they compete for your tips.

Seating is limited—make your reservation
today!



Tickets: \$50 per person
\$500 for a table of 10

Purchase at the Minden Thrift Store

FOR MORE INFORMATION PLEASE CONTACT FISH: 775-783-FISH (3474) OR EMAIL KATRINA@NVFISH.COM

WELCOMING NEW FACES TO THE FISH FAMILY!!



Richard Jones: Thrift Store Driver



Katina Flynn: Thrift Store Cashier



Susan Kuechler: Bookkeeper



Devon Wirtz: Development Coordinator



Anne Beck: Board Member



Greg Dye: Board Member



Noah Jennings: Intake & Referral Specialist



Valerie Cooney: Board Member



Doug Carlton: Board Member



FRIENDS IN SERVICE HELPING

FISH STORIES



5th Grade students from Bordewich Brey singing Christmas carols at the Share Your Holiday food drive 2017



Raley's truck and staff for the Share Your Holiday food drive.



Celebrity Waiters Jan Vandermede and Steve Smaha

THANK YOU ALL FOR
YOUR SUPPORT!!!



Advanced band from CMS playing at Empty Bowls 2017



Parade of Lights in Douglas County 2017



Have A Heart 2017

How Can You Support FISH?

One of our greatest needs at the moment is silverware for our Dining Room! If you have an old set of durable silverware that you aren't using, please consider donating them to the FISH Dining Room! We are also in need of razors deodorant and furniture.

Many corporations offer matching donations to employees who want to support local organizations—find out if your company will match your donation.

Have any other ideas? Let us know!



FRIENDS IN SERVICE HELPING



You Have A Heart For Our Community

Accurate Mobile Locksmith	Jim Clark	Mark Girard	Susie & Lawrence Messina	Cheri Smith
A Catered Affaire	Mitch Clever	Glen Eagles Restaurant	Microsoft Corporation	Snap On Tools
Ernie & Sarah Adler	J.P. Copoulos, Architect	Cliff Grady	Bill & Angela Miles	Shirley Sousa
Advanced Installations	Nicholas Cook	Grocery Outlet	John Miller	Southwest Gas Foundation
Helen & Joseph Allegretti	Costco	Phyllis & Robert Goni-Latz	Clark & Helaine Morres	Susan & Glen Southwick
American Legion Post 56	Cottonwood Mobile Home Park	Dr. Brian & Holly Hall	Edward & Ann Moser	Susan Spencer
George & Barbara Allison	Odetta A. Coughlin	Geoffrey Hall	William & Donna Myers	Stampede Pest Control
Dee Anthony	Mary Covington	David & Karen Hardy	Nara Fund	Starbucks
Dr. Rex & Karen Baggett	Richard & Lorraine Courtney	Harley-Davidson Financial Services	Nature's Bakery	St. Teresa of Avila Catholic Community
Jim & Lori Bagwell	A.L. Craig	Brad Harris	Nevada Appeal	Hope Sullivan
Bank of the West	Robert & Susan Crowell	Verna Hauser	Nevada Attorney General Office	D & V Swanson
Richard & Sharron Baldwin	Marcia Bernard Cuccaro	Oliver & Jennifer Herald	Nevada State Bank	The Terry Law Firm
Hellen Barclay	Donald & Alice Cunningham	Hilltop Community Church	NV Energy	James Turner
Battle Born Chapter NSDAR	Barbara D'Anneo	Susan Hohn	Ogres-Holm Pottery	Peggy & Carter Twedt
Mike (RM) Bennert	Paul & Bernice Dahl	Holland & Hart Foundation	Mary Parschley	US Bank
Benson's Feed and Tack	David Wallys Hot Springs Resort	Beverly Holt	Vicki Parsons	Valley Christian Fellowship
Berger North Foundation	Sean & Nancy Davison	The Hop & Mae Adams Foundation	Fr. Jeff & Marietta Paul	Dr. Charles Virden
Debra Best	Dean Dilullo	Paula House	Kenneth & Vicki Pearson	Tom & Nancy Wall
Bethlehem Lutheran Church	Sally Dorf	Jackie Huffman	Dennis & Mona Deirdre Pederson	Wal-Mart
Blue Adobe Foundation	Patrick Drudge	International Church	Thomas E Perkins	Wells Fargo Community Support
Jacque Borden	Shawn Dullanty	Jack Rabbit Plumbing	Pets of the Homeless	Western Alliance Community Foundation
Charles Borders	Fr. Chuck Durante	JCK Trust	Rich & Linda Porzig	Western Nevada Supply
Andrea Wilson & Brad Bonkowski	George Echan, Jr.	Robert & Barbara Jepsen	SS Potter	JoAnne & Joe Whitworth
Joseph Bradley	Eden Managements	Virgil & Linda Johnson	Raley's	John Wilbur
Ruth Braswell	E.L. Cord Foundation	Jerry & Betsy Kanago	Mario Ramirez	Brad & Barbara Williams
Jim & Midge Breeden	El Dorado Savings & Loan (Douglas and Carson)	K-Bul Radio	Memory of E. Rankl	Dean R. Wilson
Briggs Electric	The Evans Broadcast Company, Inc	Tom & Martha Keating	The Record-Courier	Donald & Paula Winne
Mia Brozovich	Guy Farmer	Mary Kay Kinne	Robin Reedy	Dick Winston
Molly Bundy-Toral	Brian & Shelley Ferenz	Beverly Parker & Wayne Kirk	ReMax Realty	Devon Wirtz
John Burke	F&G Construction	Kiwanis Club of Carson City	Norman & Linda Ritter	John & Rita Wiseley
Burlington Coat Factory	Fidelity Charitable Fund	Ronald Knecht	Mark & Bonnie Robinson	Billy & Teresa Witt
Patty Cafferata	Kelly A. Figueroa	Timothy & Cecilia Kness	Robert Darney, Architect	WNC Construction
Calvary Chapel Carson City	Laura Fitzsimmons	Rev. Bruce Kochsmeier	Robert Z. Hawkins Foundation	Stacy Woodbury
Capital Glass	Ronald Finn & Chris Finn	Rosie Laird	Jonathan & Sally Rogers	7/11
Patricia Carpenter	First Baptist Church of Carson City	Les Schwab Tire Center	Ron's Refrigeration	
Veronica Carrillo	First Christian Church	Kara Levorio	Rotary Club of Carson City	
Carson City Chamber of Commerce	First Independent Bank	Marilyn Lewis	Dan Rowe	
Carson City Pottery	First Presbyterian Church	Lifepoint Church	James & Jeanne Russel	
Carson City Toyota-Scion	Food Bank of Northern Nevada	Mary & John Liveratti	Save Mart	
Carson Douglas Medical Society Alliance	Food Max	Stephen & Kristen Loos	Nackey & Robert Scagliotti	
Carson Now	Brain Foster	Renee MacDonald	Scott Scherer	
Carson Nugget	Fountainhead Foursquare Church	Karen Pederson & Andrew MacKenzie	David Schmidt	
Carson Tahoe Hospital	Brian Fox	Charles & Anne Macquarie	Gary & Joann Sheerin	
Louis & Jeannie Chang	Grant Gardner	Jan McCauley	Paulette Sherrell	
Charlene Cash Rio	Genoa Community Church	John & Sharon McCloskey	Sign Pro	
Jorgen & Racheal Christensen	Lawrence Fowler & Joseph Gerardi	Drs. Tim & Sandra Koch McFarren	Darin & Syndi Skilling	
Dr. & Mrs. R. Chudnow	Marcus & Jamie Gilson	Sister Marie McGloin	J Dennis & Nina Small	



Friends In Service Helping

138 E. Long Street
Carson City, NV 89706
775-882-FISH (3474)
www.nvfish.com

Return Service Requested

Non-Profit Org.

U.S. Postage

PAID

Carson City, NV
89706

Permit No. 194

Upcoming Events

**HAVE A HEART CELEBRATION WITH CELEBRITY WAITERS
HOSTED BY GLEN EAGLE'S RESTAURANT AND LOUNGE
SATURDAY, MAY 19TH 5:00 PM AND 7:30 PM \$65 PER
PERSON, \$500 FOR A TABLE OF 8**



CELEBRITY WAITER LUAU

HOSTED BY DAVID WALLY'S

**THURSDAY & FRIDAY JULY 19H & 20TH 6:00 PM \$50 PER
PERSON, \$500 FOR A TABLE OF 10**

FOOD BANK POSTAL DRIVE SATURDAY, MAY 13, 2017 IS ONE OF THE LARGEST COLLECTIONS OF FOOD THAT WE RECEIVE DURING THE YEAR. THE FOOD THAT IS COLLECTED IS SPLIT THREE WAYS BETWEEN RON WOOD, ADVOCATES TO END DOMESTIC VIOLENCE, AND FISH. WE NEED CANNED SOUP, CANNED VEGETABLES, CANNED CHILI, CANNED BEANS, AND OF COURSE CANNED PROTEIN LIKE TUNA, PEANUT BUTTER, ETC. THE POSTAL CARRIERS WILL LEAVE A PLASTIC BAG AT EACH OF THE HOUSES ON THEIR ROUTES AHEAD OF THE DRIVE, THEN ALL THE DONORS NEED TO DO IS TO FILL THE BAG WITH NON-PERISHABLE FOOD ITEMS THEY WISH TO DONATE AND THE POSTAL CARRIERS WILL PICK THE DONATIONS UP AT THE MAIL BOXES ON THE 13TH.



2016 Have a Heart

Ross Clinic hero, Dr Rex Baggett and
Lovely Tea Lady
Janet Baker

Stay up to date with FISH events, programs and volunteer opportunities by liking and following us on Facebook.



Find us on
facebook.

Facebook.com/NVFISH

