



FRIENDS IN SERVICE HELPING

Help Us Renew our Workforce



Jim Peckham ext:101

Moving people from Minimum Wage to Meaningful Careers

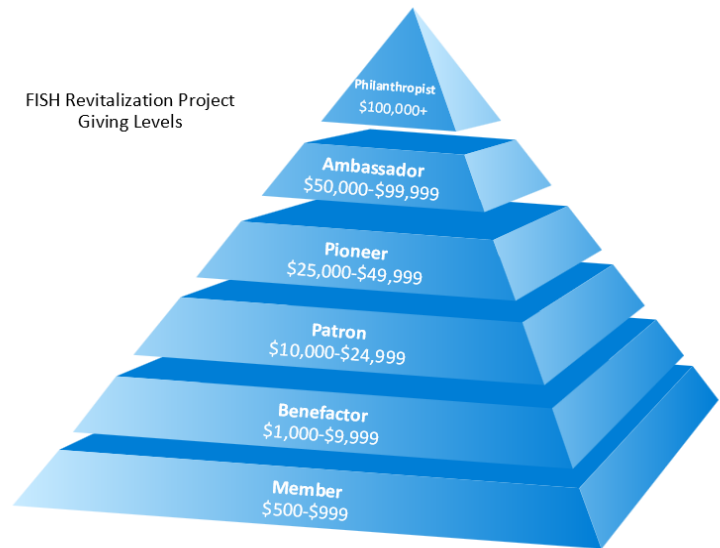
The future is bright! Despite the clouds of COVID, wild fires and politics, the future is bright. Our FISH Revitalization Project is moving forward and is poised to help our community in several ways. First, we will help beautify Carson by completely revitalizing the neglected Whistle Stop property. We will also refocus families by providing a hand-up to high school/GED graduates who have a strong work history, academic skills, and a yearning to compete for higher paying jobs. This will renew our workforce and economy-helping local employers fill their vacant positions that require higher skill levels. The State wants to use our data and experiences to roll out similar programs across Nevada. As families' step-up to the advanced support and training, they will move into our revitalized housing, freeing up low-income housing for others in need. Those backfilling our region's low-income housing will be future candidates for our enhanced training programs offered by trade unions and Western Nevada College.

The Whistle Stop has been purchased, now we need to fundraise to demolish the existing buildings and create a facility that the city will be proud of. We thought about delaying fundraising for this project, but since the "CARES Act" included IRS rules allowing for larger than normal deductions this year, we feel compelled to launch our fundraising for this \$4 million project now.

Concept Drawing of Renovated Whistle Stop Property



FISH Revitalization Project
Giving Levels



We will provide special recognition for every level of contribution to this project, and will provide even more special recognition to two dynamic supporters of FISH. Bob Crowell and Sister Marie McGloin will each be recognized in a special way when the project is completed. Check our website www.nvfish.com for updates and more details on the FISH Revitalization Project.

FISH provides food, training, clothing, shelter, and medical aid to the under-employed, homeless, and hungry within our community, with the objective to train and refer families and individuals so they may become self-sufficient.



Carson Admin & Thrift:
Minden Thrift:
Gardnerville Ranchos Services:
Mound House Thrift:

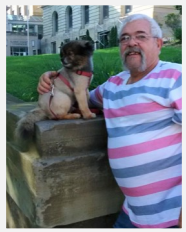
Locations

138 E. Long St.
1561 Hwy 395
921 Mitch Dr.
10126 Hwy 50E

775-882-FISH (3474)
775-783-FISH (3474)
775-265-FISH (3474)
775-721-FISH (3474)



Client Spotlight



CHET

In Memory of Chester "Chet" Fusco

Chet came up and over the mountain down to Carson City, NV in December 2018. He was homeless and recently had spine surgery. After spending a couple of nights at the Night Off The Streets warming shelter, he was admitted into the FISH FOCUS House Men's Shelter. While in our shelter Chet recovered from his surgery and worked on himself. During his stay at the shelter he built many relationships with other shelter residents. Many looked at him as a supportive friend. He motivated and encouraged others to work towards their best selves, just like he had done so for himself. After staying at the shelter for 4 ½ months and obtaining employment, Chet was able to get his own place. Even after leaving the shelter he was still a supportive ally to many people in the shelters. He offered rides to people with job interviews or other obligations. For some he was a mentor, for others a friend, and to us he was a success. Chet made an impact in many individual's lives while he was in Carson City. He will always be remembered for his supportive and uplifting personality. We will forever remember the contributions Chet made to our community.

Author: Lorena



Kiera is a mother of 3 who came to us after completing her rehab programs in Reno. She came to Carson City with her 2 daughters, living out of her car, and trying to stay sober. A sheriff found her and brought her over to FISH for assistance.

FISH admitted Kiera and her children into the WYLIE House Women's Shelter during which she found a job and attended college. Then FISH moved Kiera and her family over to our transitional housing.

In the last three years Kiera has excelled in her field of work, brought her son to live with her, and been sober for 2 and a half years! She has now remarried and has another little bundle of joy on the way. Kiera stated that there are so many resources in Carson City and many of them have helped her get to where she is today. Kiera's message to anyone out there still suffering is, "There is hope! There is help and recovery is possible it just comes one day at a time."

We are so proud of you Kiera! We know you can achieve your goals!



Author: Jayme

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FISH FACTS

FY 19'-20'

890
New families



1,998
Ages 0-17



983
Seniors



FISH offered 13,972 showers, 454 prescriptions, and 2,635 loads of laundry



In total, there was 13,528 nights of lodging at our mens shelter, womens shelter, family shelter, and transitional housing.



27,361 Dining Room Meals



382,641 Food Bank Meals



Over the past twelve months, FISH served 6,492 individuals!

Per month, FISH serves an average of:

- 1,332 Individuals
- 756 Households
- 83 Veterans
- 296 Disabled Individuals
- 74 New Families
- 186 Homeless Individuals
- 376 Children
- 156 Seniors
- 31,887 Meals from our Food Banks
- 2,280 Hot Meals from our Family Dining Room
- 50 People in our Emergency Shelters and Transitional Housing
- 31 Ross Clinic Patients

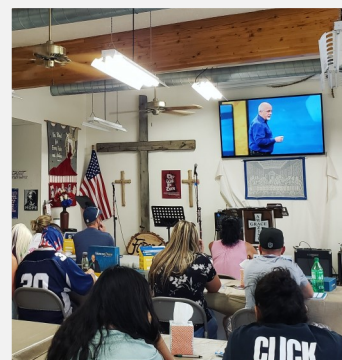
We couldn't provide all of these services without the support of our wonderful donors and 99% of our funding comes from local people just like you!



FRIENDS IN SERVICE HELPING

The Road to New Opportunities

Covid-19 has thrown us some curve balls when it comes to planning for the future; especially financial planning. But have no fear! FISH is still helping the community learn to become financially literate and make tomorrow better than yesterday. Beginning July 2019, FISH started holding Dave Ramsey Financial Peace University classes. During these classes, students learn to budget their money with a monthly budget, aggressively pay off debt, understand insurance and retirement planning, and giving back to the community when you are in a place of stability. FISH purchases FPU memberships which alleviate barriers to obtaining the course materials and being able to start the class. We also offer a stipend to students who complete at least 90% of the class.



Since July 2019, we have held three Financial Peace University Classes and had 26 Graduates; two of which were under the age of 18! Students have described their successes in the classes as: "Finally feel at peace with the word finance or financial", "Had enough savings to change my spark plugs without needing to borrow money", and "For the first time in six years my accounts are not in the negative". We at FISH could not be more proud of these individuals for taking charge of their finances!

Author: Alivia

OTHER WAYS TO GIVE

If you have a **Smith's Rewards card**, check out www.smithsfoodanddrug.com/inspire. If you choose Friends in Service Helping (FISH) (QP333) as your non-profit, Smith's will donate 0.5% of all eligible purchases made with your Rewards card AND you still get all of your rewards, such as fuel points.

When shopping on Amazon, go to smile.amazon.com instead and Amazon will donate 0.5% of the price of your eligible **AmazonSmile** purchases to the charitable organization of your choice. Choose FISH - Friends In Service Helping, it won't cost you a cent, but it will help us a lot!

For more detailed instructions on how to sign up for **Smith's Inspire** or **AmazonSmile**, check out our website at www.nvfish.com or give us a call at 775-882-3474.





FRIENDS IN SERVICE HELPING

Keeping Warm in the Ranchos

On October 1st, we held our Annual Winter Coat Giveaway at our Ranchos Family Service Center in preparation for the cold season coming. Over 55 families came out to our hot dog BBQ and took home a free coat, warm socks, and gloves. Over 225 coats were given away to very grateful folks who otherwise, may not have had a coat for the coming winter.

Throughout the year, FISH continually accepts coat donations at our Carson thrift store in preparation for this event. We are especially in need of kids and adult XXL sizes.

Our **Ranchos Family Service Center** is located at:

921 Mitch Drive
Gardnerville, NV 89460

Hours of Operation:

Monday-Friday from 10:00am-5:00pm

Thursdays from 10:00am-6:00pm



Cristie Rebiejo
Cashier
Minden Thrift Store

*New Fish
in the
Pond*



Megan McKeon
Marketing Specialist

GOING DIGITAL

If you enjoy getting our newsletters and love to save trees, consider signing up for our digital newsletter! Visit www.nvfish.com and click the "FISH Newsletter Sign Up" button in the lower left-hand corner.





FRIENDS IN SERVICE HELPING

A Special Thank You to Our FISH Members!

7-Eleven	Costco	Grocery Outlet	PetsMart		
Accupart International	Cottonwood Mobile	Harley-Davidson	Pizza Hut		
Anderson Heating & A/C	Home Park	Financial Services, Inc.	Raley's		
Article.com	The Dean Seeman Foundation	High Sierra Business Systems	Rice Hydro Inc.		
Bank of the West	Dermody Properties Foundation	Hilltop Community Church	Save Mart Supermarkets		
Benson's Feed & Tack	Eaglemark Savings Bank	Jackson's	Sawyer & Williams Inc.		
Berger North Foundation	Eden Managements	JCK Trust	Smart Food Service Charitable Foundation		
Bill Swigert Fund	El Dorado Savings Bank	Kopfhammer Charitable Fund	Snell & Wilmer Law Offices		
Blue Adobe Foundation	First Christian Church of Carson City	LifePoint Church	Southwest Gas Corp Foundation		
Briggs Electric	First Presbyterian Church	Michael Tedesco Photography	St. Teresa of Avila Catholic Church		
Burlington Coat Factory	Food Bank of Northern Nevada	Mountain Vista Baptist Church	St. Teresa of Avila Catholic School		
Calvary Chapel Carson City	FoodMaxx	The Nara Fund Inc.	US Bank		
Camp-N-Town R.V. Park	Fountainhead Foursquare Church	Nature's Bakery	Valley Christian Fellowship		
Carson City CIRCLES Initiative	Franco Baking Company	Nevada State Bank	Walmart		
Carson City Toyota	Genoa Community Church	Nissan Carson City	Wells Fargo		
Carson Nugget	Gold Dust West	NV Energy	Witt Living Trust		
Carson Tahoe Health System	The Green House Project	Ogres-Holmes Pottery			
Click Bond, Inc.		Pets of the Homeless			
Coleman Electric Co.					
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Robert Bastien	Jim & Midge Breeden	Thomas & Jean Cartier	John Copoulos	Fred & Renate Daniels	William & Maria Rose Feltner
Robert & Pamela Bauter	Judy & Gary Brooke	Len Chmielowski	Robert Corkill	Rebecca Davis	Maria Rose Feltner
	Molly Bundy-Toral	Anne Christenson	Tom Cotton	Sean & Nancy Davison	Brian & Shelley Ferenz
			Colleen Cousins	Rose Dawns	John Fikkers
			A.L. Craig		

All these Donors qualify as a "FISH Member" when as a family they donate at least \$500 a year, or as an organization, \$1,000 a year.



FRIENDS IN SERVICE HELPING

Christopher Finne	Timothy & Patrica Higgins	Deacon Craig LaGier	Charles & Carolyn Orvis	Nackey & Robert Scagliotti	Howard & Karen Vipperman
Al & Mary Fischer	Tom & Terry Horgan	Geoff Lamb	Christopher Ottaway	David Schmidt	Tom & Nancy Wall
Keith Fleck	Brian & Hope Hutchins	David & Kathy Landis	Arthur & Karen Pabst	Ralph Schumacher	Nancy & Jerry Wasley
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Mark & Heidi Ghan	Norman & Carolyn Kellogg	Jeffrey & Susan Maples	Charlene Rio	Lillian Tallman	John & Rita Wiseley
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James Goldsberry	Michael Grulli	Todd Mathieson	Mark & Bonnie Robinson	David & Elizabeth Thomson	Billy J. & Theresa Witt
Kathe Green	Brian & Holly Hall	Anne, Teresa McAdams	Mark Rogers	Dianne Tobey	Stacy & Jason Woodbury
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Brian & Holly Hall	Vernon & Patricia Hamilton	John & Sharon McCloskey	Stephanie Sander	Joy Trushenski	
Geoffrey Hall	James & Judith Hammock	Michael & Tracey McCollum	Stacey Sawyer	Peggy (MA) & Carter Twedt	
Vernon & Patricia Hamilton	Brad Harris	Dr. Sandra Koch & Dr. Tim McFaren		Brian Underwood	
James & Judith Hammock	Ken Haskins	Sister Marie McGloin			
Brad Harris	Ken Haskins	Ian Mindling			
Ken Haskins	Amy Hayes	Cynthia Mitz			
Amy Hayes	Debbie & Gary Helseth	Richard Newbold			
Debbie & Gary Helseth	Barry & Virginia Hensler	Anthony Niemczyk			
Barry & Virginia Hensler	Jennifer & Oliver Herald				
Jennifer & Oliver Herald	Iris Hettrick				
Iris Hettrick					

& All Who Wish to be
Anonymous

In Memory Of:

Bob Crowell





FRIENDS IN SERVICE HELPING

Friends In Service Helping

138 E. Long Street
Carson City, NV 89706
775-882-FISH (3474)
www.nvfish.com

Return Service Requested

Non-Profit Org.

U.S. Postage

PAID

Carson City, NV
89706

Permit No. 194

Upcoming Events



FISH is hosting the 8th Annual Empty Bowls Carson City event! Due to Covid-19, we will not be having an in-person event; however, with your donation, we can still help those who are hungry. Stop by our Carson, Mound House, or Minden Thrift Stores to purchase a \$15 hand-crafted bowl made throughout the year by community members.

Available until December!

Thanksgiving is coming soon, and Christmas will be right around the corner! All this month and next, we are accepting holiday food donations to help provide a "Holiday for the Homeless" on



Thanksgiving and Christmas. In our Holiday Baskets we can use items like: frozen turkeys, stuffing, mashed potatoes, broth, gravy, green beans, cranberry sauce, canned fruit, and more to make this holiday special for those families in need in our community. Please bring your donation by our Carson City Food Bank at 138 E. Long St. Thank you!



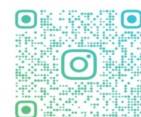
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Stay up to date with FISH events, programs, and volunteer opportunities by following us on Facebook and Instagram.

@NVFISH | @CarsonValleyFISH



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