



## FRIENDS IN SERVICE HELPING

### Pam Finds a Home with FISH and Health and Human Services



Pam volunteers with Carson Thrift Store Manager Augie Gallegos

"I didn't want to stop working," she says. Before her accident, Pam worked in a variety of jobs, such as a certified nursing assistant and a car detailer. She kept putting off her SSI application until her financial situation became desperate. Finally, after she had lost her home and most of her savings, Pam turned to FISH.

With the support of Client Services Manager Beth and Shelter Manager John, Pam renewed her determination to get SSI benefits. She also began the process of finding permanent housing with help from Dave Gibson at Carson City Health and Human Services' housing program.

"I love volunteering here," Pam says, smiling. "Augie's great." Pam is a former FISH client who volunteers at the Carson City thrift store. She hasn't used any of FISH's services since the summer of 2014, but she continues to give back at the store.

Pam came to the Wylie House shelter in October 2013. She had been widowed a few months earlier and was living out of her car. Pam had also been in a car accident that left her with a disability and she was struggling to prove her qualification for Supplemental Security Income (SSI).

Today, Pam has succeeded in both. She receives SSI benefits that help her pay for food, necessities and rent on her new apartment. "My balcony has a beautiful view of the mountains," she says cheerfully. "It reminds me of growing up in Denver." She now has enough stability to work on building her online business.

"During my struggle I prayed often," Pam says. She credits her success to "the love I felt coming here [to FISH]. I am very grateful."

---

**FISH provides food, clothing, shelter and medical aid to the homeless and hungry within our community, with the objective to provide programs and referrals to families and individuals so that they may become self-sufficient.**



#### **Thrift Store Locations:**

Carson City: 138 E. Long St. Carson City, NV 89706  
Gardnerville: 1231 Service Dr. Gardnerville, NV 89410  
Moundhouse: 10126 Hwy 50E, Moundhouse, NV 89706

775-882-FISH (3474)  
775-783-1455  
775-246-7654



## FRIENDS IN SERVICE HELPING

### A Message From Executive Director Jim Peckham

FISH is celebrating 36 years of serving the Northern Nevada community by launching a new project to renovate the façade of our thrift store in North Carson. We are partnering with local contractors and service organizations including F&G Construction, Robert Darney, local Rotary and Kiwanis Clubs, and others to install a new storefront facing Carson Street.

I would like to invite residents and local organizations with construction experience to participate in the project by volunteering their skills and materials. **Specific skills needed for the renovation include demolition, carpentry, painting, masonry, and experience working with concrete and stucco. We also welcome donations of materials and supplies for these projects.** If you are interested in any capacity please contact FISH so we can schedule you to work with our general contractor.

We are working with the community to spread Carson City's revitalization north of the downtown area. The board of directors and I

hope that other businesses will see how a low-cost face lift to our building can make a big difference on the 395 corridor.

The new storefront design celebrates the Old West and the V&T roundhouse, recalling the history and heritage of Carson City. In keeping with this theme, **FISH is also looking for donations of rustic or western décor to serve as permanent displays inside the store.**

We expect the corrugated metal and rustic wood façade to have a visual impact in the community, and it can be easily duplicated with other properties if those businesses like the design.

I also invite you to keep in touch with FISH online through our Facebook page and our monthly email newsletter, both of which can be found on our website, **www.nvfish.com**. Stay up to date with FISH by getting events, accomplishments and volunteer opportunities right in your inbox.

### FISH Board of Directors



- Lori Bagwell**  
Chair  
*Charley's Grilled Subs/City Supervisor Ward 3*
- Scott Scherer**  
Chair-Elect  
*Holland & Hart LLP*
- Jennifer Herald**  
Treasurer  
*Bank Of The West*
- Lynn Hunter**  
Retired Nurse
- Fr. Jeff Paul**  
Rector  
*St. Peter's Episcopal Church*
- Sister Marie McGloin**  
Pastoral Associate  
*St. Teresa of Avila*
- Kelly Fluitt**  
Nurse Practitioner  
*Carson Medical Group*
- Barbara D'Anneo**  
Retired  
*Healthcare Development*
- Gary Gladwill**  
Owner  
*F&G Construction Ltd.*
- Jim Beilstein**  
Pastor  
*Trinity Lutheran Church*
- Katie Leao**  
Development Director  
*Western Nevada College*



An illustration of the FISH thrift store renovation design



## FRIENDS IN SERVICE HELPING

### Fundraisers



#### Have a Heart Celebration with Celebrity Waiters

Mark your calendars for FISH's upcoming fundraising dinner events! The Have a Heart Celebration with Celebrity Waiters is Saturday, May 16 at Glen Eagle's Restaurant and Lounge in Carson City. Around 40 local celebrities compete for tips while they serve as your waiters for the evening. This fun event includes dinner, a raffle, a silent auction and a cash bar. All proceeds directly support FISH's emergency service programs in Carson City.

The Celebrity Waiter Luau will be Friday, July 24 at David Walley's Resort in Genoa. This is a similar event featuring local celebrities competing for tips over dinner. All the proceeds from the luau will support the new Ranchos Family Dining Room/Coaching and Resource Center in Gardnerville.

More information about seating times, prices, and how to buy tickets can be found on FISH's website. You can also purchase tickets in our administration office, thrift stores, and from the celebrity waiters themselves. We hope to see you there!



#### Celebrity Waiter Luau

### Welcome New Employees!

#### Richard Blanchette, Driver

Formerly a volunteer, Richard joins the staff to pick up and deliver large items for the thrift store, such as furniture and appliances. He moved to the area from Kansas to be closer to his family. Richard is a big NASCAR fan and plays baseball in a local league.



#### Robin Johnson, Cashier

Robin is the new cashier at the Carson City thrift store with more than 30 years of retail experience. She is from Southern California and is active in her church and community with her daughter. Robin volunteers at the FISH food bank on her days off.

#### Greg Robertson, Dishwasher

Greg handles the custodial tasks at the FISH dining room and administration office. He is a veteran and was homeless for a few years before settling in Carson City and seeking help at FISH. Greg likes to play computer games and has a special talent for woodcarving.





## FRIENDS IN SERVICE HELPING

### Gardnerville Volunteers Keep Order in the Store

About a third of the funds supporting FISH's emergency services programs come from our three thrift stores. The stores are successful thanks to all of our fantastic volunteers. Carrol Parkos and Sharon Mayes are two such volunteers who bring their energy and cheer to the Gardnerville Thrift Store every week.

Carrol started volunteering for FISH 18 years ago when she saw a "volunteers wanted" sign in the store window. Sharon got involved 12

years ago through her friendship with Carrol. They greet customers, help them find items in the store, and arrange displays, along with odd jobs such as sterilizing shoes. They know where everything is in the store!

Carrol enjoys talking with customers because she loves to hear their stories. She also likes to see the interesting items that people donate. Each

year, she gives her grandchildren "FISH boxes" with gifts from the thrift store for Christmas. Carrol says she is "thankful for everything [she] has" and makes a point to give back to help other people.



Sharon and Carrol, Gardnerville Thrift Store volunteers

Sharon's family relied on thrift stores while she was growing up, so she loves to volunteer with FISH because "it feels great to help people." She has made friends with the other volunteers and looks forward to coming in every week. "It's like a big family," she says. "The store is wonderful for our community."

What is the weirdest item they've seen at the store? Sharon says a very realistic toy monkey. "It was staring at me!" she remembers. Carrol gets a laugh out of antique kitchen gadgets—"we don't even know what they are," she says.

Visit the Gardnerville Thrift Store to meet Carrol, Sharon, and all our hardworking staff and volunteers!

### A Farewell to Doug

Sadly, FISH employee Doug Tubbs passed away last November due to illness. Doug joined FISH as the dishwasher for the Family Dining Room in early 2014. A former field geologist, Doug loved to share his knowledge of geology, astronomy, and science in general. He biked a lot and enjoyed being outdoors. He was 61 years old when he passed.



A photo of Doug from his Facebook page

The FISH staff agrees that Doug was likeable, friendly, hardworking, and always had interesting things to talk about. "I miss the guy," says Jim Cox, who as Dining Room Manager and chef worked closely with Doug. "I still think about him a lot."

We are grateful that we had the opportunity to work with Doug and get to know this wonderful person. Doug will be greatly missed by everyone at FISH.



## FRIENDS IN SERVICE HELPING

### Ranchos Family Dining Room and Coaching Center Update

FISH has been working hard to advance the setup of the new Family Dining Room/Coaching



The Ranchos Dining Room will soon be serving delicious meals to clients in Gardnerville

and Resource Center in the Ranchos of Gardnerville. Thanks to the generous support of donors in our community, several local organizations, and last year's Celebrity Waiter Luau, we have reached our fundraising goal! FISH will make the official announcement soon, so keep an eye on the Record Courier, Nevada Appeal, and CarsonNow.org for the press release. Thank you to everyone who has supported this project! Your contributions will soon provide hope and dignity for people in need in the Ranchos.

### Intake & Referral Volunteers Needed

**FISH invites people with a background in social services or healthcare to volunteer for our Intake & Referral (I&R) offices in Carson City and Gardnerville. These volunteers interview clients to assess their situation, determine eligibility, and coach clients on their personal action plans. Candidates must have strong computer skills, confidentiality practices, and empathetic interview skills. If you are interested please contact Beth McCready-White at 775-882-3474 ext. 102 or [beth@nvfish.com](mailto:beth@nvfish.com).**

### FISH Purchases Shelter Shuttle with Community Support

Through the support of local donors and organizations, FISH has purchased a shelter shuttle to transport residents staying in our homeless shelters. The 2008 Starcraft vehicle has a lift for wheelchair access and seats 13 passengers. It replaces the FISH shelter van that had over 240,000 miles, carried only ten passengers, and had no ability to transport clients using wheelchairs.

We use the shuttle to transport residents of our two shelters, FOCUS House and Wylie House, to downtown Carson City each day. The residents go to work, apply for jobs, attend appointments, and take other steps needed to fulfill their personal action plan for self-sufficiency. The new shuttle gives our clients greater mobility and accessibility to help them get back on their feet.

FISH received funding for the shuttle from NV Energy, the Nell J Redfield Foundation, US



The new FISH shelter shuttle transports residents to and from our two shelters

Bank, and other local organizations that wish to remain anonymous. Community members also donated through last year's Nevada's Big Give. The shuttle decals were designed by Sign Pro.

When you see the shuttle around Carson City be sure to give us a wave!



## FRIENDS IN SERVICE HELPING

### FISH Food Bank Provides for People and Pets Alike

The FISH food bank is the largest in the Carson City area and provides more than 400,000 meals for low-income and homeless clients each year. This would not be possible without the generous donations of food and funds that support the food bank.

Many of our homeless clients have pets, and FISH offers supplies to help these homeless pets as well. Local high school student Mykelti O'Brien organized a drive to collect food, toys and other supplies for homeless dogs and cats. She collected more than 500 pounds of food and supplies! Thank you Mykelti and everyone who contributed to her homeless pet food drive.



Rebecca and Jody Ostreder, Mykelti O'Brien, and Michelle Perry collected more than 500 pounds of food and other items for homeless pets

You can add to the food bank's stores by participating in the annual postal food drive, held this year on Saturday, May 9. Simply leave canned food items in your mailbox, in a box or bag, or in special bags distributed by USPS and your mail carrier will pick them up. All donated items go directly to local food banks, including FISH. The postal food drive is a major source of the food we distribute all summer, so the more you donate, the more hungry families we can feed.

In addition to organized food drives, FISH accepts any unopened and non-expired individual food donation. Currently, our greatest needs are dry pasta such as spaghetti; canned items including fruit, beans, chili, and tomato sauce; and ready-made meals such as SpaghettiOs and Chef Boyardee. Cash donations are also welcome as we can stretch a dollar further by purchasing grocery items in bulk.

You can drop off food donations to the food bank at 138 E Long St in Carson City on Monday-Friday from 9am to 5pm. Your support provides food for thousands of hungry people every year.

### How Can You Support FISH?

**There are many ways to support FISH beside a direct donation. Smith's shoppers can use their rewards card to give a portion of their purchases to FISH—visit the Community Rewards page at [www.smithsfoodanddrug.com](http://www.smithsfoodanddrug.com) to sign up. We can receive a percentage of your Amazon purchases as well. When ordering online, use [www.smile.amazon.com](http://www.smile.amazon.com) and choose "Friends in Service Helping" as the charitable organization you want to support.**

**Many corporations offer matching grants to employees who want to support local organizations—find out if your company will match your donation.**

**Have any other ideas? Let us know!**



## FRIENDS IN SERVICE HELPING

### Thank You FISH Members!

Families and individuals that donate at least \$500 and organizations that donate \$1,000 or more in one year become FISH members. FISH would like to recognize all of our members from the past year. You are the heroes of our community!

If you would like to become a member, you can donate in person, over the phone, by mail, by payroll deduction or automatic withdrawal, or on our website. Donors may choose to remain anonymous, and FISH will honor all other members on plaques in our thrift stores and in our newsletter.

#### Carson City Members

Helen & Joseph Allegretti  
George & Barbara Allison  
Art Wilson Co.  
Lavina Atkinson  
Auto Doctors  
Rex & Karen Baggett  
Jim & Lori Bagwell  
Richard & Sharron Baldwin  
Bed, Bath & Beyond  
Robert Behling  
Mike Bennett  
Bethlehem Lutheran Church  
Bimbo Bakeries USA  
Ruth Braswell  
James & Midge Breeden  
Mary Jo Brummer  
Burlington Coat Factory  
Calvary Chapel Carson City  
Capital Ford Hyundai  
Carson Now  
Carson Tahoe Health  
Carson Truck & Auto Repair  
Charis Fund  
Jim Clark  
Jim Costa  
Costco  
Cottonwood Mobile Home Park  
Odetta A. Coughlin  
A.L. Craig  
Donald & Alice Cunningham  
Paul & Barbara D'Anneo  
Sean & Nancy Davison  
Patrick & Shawnda Drudge  
El Dorado Savings Bank  
F&G Construction  
Guy Farmer  
First Baptist Church of Carson City  
First Presbyterian Church  
David & Kelly Fluitt  
Food Bank of Northern Nevada  
Lawrence Fowler & Joseph Gerardi  
Chris & Faye Gansberg  
Marcus & Jamie Gilson  
Mark Girard  
Glenbrook Company  
Grocery Outlet  
Geoffrey Hall  
Harley-Davidson Financial Services  
Steven Harris

Verna Hauser  
Jennifer Herald  
Timothy & Patricia Higgins  
Eric & Carolyn Ingbar  
J.P. Copoulos, Architect  
JCK Trust  
Robert & Barbara Jepsen  
Paul Jorgensen  
Elmer & Elizabeth Kanago  
Tom & Martha Keating  
Norman & Carolyn Kellogg  
Kirk & Mary Kay Kinne  
Betty Kopfhammer  
Thomas Kuracina  
Albert & Rosie Laird  
Les Schwab Tire Center  
Michael & Mary Lewis  
Michael & Elizabeth Lindeburg  
Mary & John Liveratti  
Michael Lollich  
Charles & Anne Macquarie  
Stewart MacRitchie  
maurices  
Sharon & John McCloskey  
Sandra & Timothy McFarren  
McKee Foods  
John Miller  
Tim & Brenda Milligan  
Mission Foods  
Edward & Ann Moser  
Nara Fund  
Nature's Bakery  
Nell J. Redfield Foundation  
Nevada Appeal  
Nevada Endoscopy Management  
Nevada Glass Service  
Nevada State Bank  
NV Energy  
Mykelti O'Brien  
Olive Garden  
Christopher Ottaway  
Jeff & Marietta Paul  
Kenneth & Vicki Pearson  
Dennis & Mona Deirdre Pederson  
Pets of the Homeless  
Francis & Lennoe Quillinan  
Raley's  
Robert Darney, Architect  
Robert Z. Hawkins Foundation  
Rotary Club of Carson City

Dan Rowe  
Save Mart  
Nackey & Robert Scagliotti  
Janeen Schreyer  
Shepherd of the Sierra Lutheran Church  
Sherwin-Williams Paint  
Sierra Pacific Power  
Sign Pro  
Dennis & Nina Small  
Sorooptimist International of Carson City  
Southwest Gas Foundation  
St. Teresa of Avila Catholic Church  
Starbucks  
The Terry Law Firm  
David & Elizabeth Thomson  
Tom Peters Construction  
Pamela Tompkins  
Trinity Lutheran Church  
Peggy & Carter Twedt  
Patricia Tyson  
US Bank  
Barbara Van Hise  
Thomas & Nancy Wall  
Wal-Mart  
Wastewater Process Control Solutions  
Wells Fargo Foundation  
JoAnne & Joe Whitworth  
Dean Wilson  
Donald & Paula Winne  
John & Rita Wiseley  
Billy & Theresa Witt  
7/11

#### Carson Valley Members

Berger North Foundation  
Carson Valley Middle School  
Genoa Community Church  
Charles & Mary Lou Gervie  
Robert & Phyllis Goni-Latzky  
Timothy & Cecilia Kness  
MEFIYI Foundation  
James Padilla  
Thomas Perkins  
The Record-Courier  
Darin & Syndi Skilling  
Susan & Don Southwick  
Tahoe Tony's Jammin' Jerky  
James Turner  
John & Marsha Usher  
Valley Christian Fellowship

## Friends In Service Helping

138 E. Long Street  
Carson City, NV 89706  
775-882-FISH (3474)  
www.nvfish.com

Return Service Requested

Non-Profit Org.

U.S. Postage

PAID

Carson City, NV  
89706

Permit No. 194

## Upcoming Events

- May 9: Postal food drive. Donate canned food items by leaving them in your mailbox or in a bag or box next to it. All donated food supports your local food banks!
- May 16: Have a Heart Celebration with Celebrity Waiters. Local celebrities compete for your tips during this fun night of dinner, entertainment and raffle! Hosted by Glen Eagle's Restaurant and Lounge. All proceeds benefit FISH's programs. Visit FISH's website for more information and to purchase tickets.
- July 24: Celebrity Waiter Luau. Support FISH's services in the Ranchos at this dinner hosted by David Walley's Resort. More information will be available on our website this summer.



Fr. Chuck Durante takes orders at last year's Have a Heart Celebration

**Stay up to date with FISH events, programs and volunteer opportunities by subscribing to our monthly email newsletter! To sign up, fill out the form on our website, [www.nvfish.com](http://www.nvfish.com), or email Kelsey Poole at [kelsey@nvfish.com](mailto:kelsey@nvfish.com).**



Facebook.com/NVFISH

